

## **Sahara Lafferty**

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I am currently in my first year of the Bachelor of Education Elementary Program at Thompson Rivers University. My long-term goal is to finish my Education Degree and to work towards my Masters with the hopes of working in trauma and with the youth at risk within the school system and community. I hope to combine both my education and my passion and love for sports to empower the youth.

### **Education:**

Currently (2022-2024)      Thompson Rivers University  
Bachelor of Education Elementary

2020 – 2022                      Thompson Rivers University  
Adventure Therapy (Interdisciplinary degree)

Graduate (2018-2020)      Algonquin College  
Outdoor Adventure Diploma program

### **Certifications:**

Standard First Aid and CPR (2018)

80+ hour Wilderness First Responder (2019/20)

Fundamental Movement Skills (2019/2021)

High Five Training (2020)

Certified positive space

Certified Raft Guide/Oar rigs (2018/19)

Certified Swift Water Rescue (SRT level 3) (2018/19)

Certified Paddle Canada Canoe Instructor (2018/19)

Certified Paddle Canada Stand up Paddle boarding (Advanced Flat Water) (2018)

Certified CASI Snow board 1 Instructor (2019)

Certified CSIA Alpine Ski 1 Instructor (2020)

Certified White-Water Kayak level 1 Instructor

Naloxone trained

### **Work Experience:**

Currently                      District #73 ASSAI after-school program leader,  
Kamloops, BC

December 2020 - Current      Chief Jimmy Bruno School, Bechoko, NWT  
Substitute Teacher

May – August 2019/2020	Government of the Northwest Territories, Sport Rec & Youth.
March – August 2020	NWT Foster Care Coalition, Respite work.
June – September 2021	Owl Rafting, Foresters Falls, ON, Raft guide.
April 2018 - June 2018	Copper House Restaurant, Yellowknife Serving for Copper House developed my Customer service.
Jan. - Aug 2018	Aurora Village, Yellowknife Worked in the Gift Shop, Guided Aurora Borealis Tours, Labour work.
Summer 2016	Arctic Farmer, Yellowknife General labour: water plants, mow lawns customer service
June 2012 – January 2019	Domino's Pizza, Yellowknife Answered phones, took pizza orders, made pizza, customer service, delivered the pizzas.
June - Aug 2018	Booster juice, Yellowknife Made smoothies, Customer service

### **Extracurricular/Volunteering:**

- Volunteer with TTC (The youth treatment centre) Yellowknife 2015-present
- Volunteer with Special Olympics Rhythmic Gymnastics, Yellowknife 2017-2018
- Student Volunteer coach 2014 - present for soccer, volleyball, hockey, Basketball
- Volleyball: Potential Volleyball, Canada Summer Games 2017, NAIG 2017
- Soccer: Western Canada Summer Games 2015, NAIG 2014, Arctic Winter Games 2016, Canada Games 2017
- Hockey: Arctic Winter Games 2014, Canada Winter Games 2015, Finland (Team Canada representative) 2015, FMAAA 2016-2017, Arctic Winter Games 2018, NAHC 2016, 2017, 2018
- Multi-day Whitewater trip on the Pettawawa River (5 days) 2019
- 9-day Sea Kayak Trip on the Georgian Bay 2019
- 10 Day Final expedition Whitewater Multiday Trip (Main Salmon) 2020
- Algonquin College Whitewater Kayak club leader 2019/20

## **References:**

Carmel Sullivan  
Supervisor, NWT Youth Treatment Centre  
Yellowknife, NT  
(867) 445-5182

Joey Borkovic  
NWT Sport Recreation and Youth  
Yellowknife, NT  
(867) 445-9928

Jill Baxter  
Canoe Instructor, Wilderness Tours  
Foresters Falls, ON  
(613) 889-7262